

# *Ali Bedni Bugyal Trek*





# Introduction

Region: Uttarakhand

Difficulty: Easy

Duration: 6D/5N

Highest Altitude: 12,500 ft

Approx. Trekking Km: 35 KM

Approx. Trekking Duration: 20 Hours

Average Temperature: 15°C to -15°C

Meal: Nutritious Vegetarian Food

Assembling Point:

ISBT Rishikesh at 5:00 AM

Trek Fee: ₹ 10,000/-



# Brief Itinerary

## Day 1: Rishikesh – Lohajung/Wan

- Altitude Gain: 1,120 ft to 7,545 ft
- Drive distance: 260 km ; Duration: 10-12 Hours

\*(Transport will be arranged, cost not included in trek fee)

## Day 2: Wan – Ghairoli Patal

- Altitude Gain: 7,545 ft to 8,150 ft
- Trek distance: 8 km ; Duration: 5 Hours

## Day 3: Ghairoli Patal – Ali Bugyal

- Altitude Gain: 8,150 ft to 11,550 ft
- Trek distance: 9.5 km ; Duration: 6 Hours

## Day 4: Ali Bugyal – Bedni Bugyal – Ghairoli Patal

- Altitude Loss: 11,300 ft to 8,150 ft via 12,500 ft
- Trek distance: 5.6 km ; Duration: 4 Hours

## Day 5: Ghairoli Patal – Wan

- Altitude Loss: 8,150 ft to 7,545 ft
- Trek distance: 8 km ; Duration: 5 Hours

## Day 6: Wan/Lohajung – Rishikesh

- Drive distance: 260 km ; Duration: 10-12 Hours

\*(Transport will be arranged, cost not included in trek fee)



## Inclusions:

- **Accommodation** – Stay from Day 1 to Day 5 in tents/stay (Wan to Wan)
- **Food-** All meals from dinner on Day 1 to Breakfast on Day 6
- **Permits & Camping charges** – All trekking permits and national park charges
- **Trekking & Safety equipment-** High Quality tents & sleeping bags
- **Certified Trek Leaders**
- **Expert Trek Team**

## Exclusions:

- **\*Transportation to and from the base camp**
- **Accommodation in Rishikesh on Day 6**
- **Backpack offloading charges**
- **Rescue – Insurance and rescue expenses**
- **Insurance**
- **Personal expenses of any kind & anything apart from inclusions**

## Cancellation Policy

- Cancellation before 60 days of the start date of the trek- Full refund
- Cancellation between 60 days to 30 days before the start date of the trek - 50% refund
- Cancellation less than 30 days before the start date of the trek- No refund

## Rules & Regulations

- Consumption of alcohol and smoking during the trek is not allowed
- Do not litter and disturb the flora and fauna.
- Usage of loud speakers is not allowed
- Help preserve the natural ecosystem and follow the 'LEAVE NO TRACE' rule.